Lakeside Press Retired Employees Club
31st Annual Picnic

September 12, 2012

Meeting called to order by George Wenrich at 11:00 AM.

In attendance were 40 members.

George Wenrich thanked Bonnie Fischer for her help with the picnic this year.

Jerry Malecki, Fall Luncheon Chairman, asked that members send in their money ($15.00), for the Fall Luncheon to be held on November 14, 2012.

Georgian Slee introduced the slate of officers for 2013. They are as follows:

President: George Wenrich
1st VP Programming: Bonnie Fisher
CO-chair Spring Luncheon: Joan Mrozek
Secretary: Gene Benes
Treasurer: Sharon Kerr
Membership: Frank Masa
Newsletter Editor: John Carlson
Spring Lunch Chairmen: Ruth & Carl Meyer
Fall Lunch Chairman: Jerry Malecki
Fall Lunch Asst.: Carol Malecki
Chaplain: Stanley Zak
General Assistant: Fred Mark

A motion to accept the slate was made by Bill Novorolsky and seconded by Ed Slee.

A unanimous vote by those members present accepted all nominees.
Retirement sing along to the tune of:
'My Favourite Things'

You remember: the tune from 'The Sound of Music'
Rennies and nose drops and needles for knitting,
Zimmers and handrails and new dental fittings,
Bundles of magazines tied up in string,
These are a few of my favorite things.
Cadillac’s, cataracts, hearing aids, glasses,
Polident, Fixodent, false teeth in glasses,
Pacemakers, golf carts and porches with swings,
These are a few of my favorite things.
When the pipes leak,
When the bones creak,
I simply remember my favorite things,
And then I don’t feel so bad.
Hot tea and crumpets, and corn pads for bunions,
No spicy meals or food cooked with onions,
Bathrobes and heating pads, hot meals they bring,
These are a few of my favorite things.
Back pains, confused brains and no fear of sinning,
Thin bones and fractures and hair that is thinning,
More of the pleasures maturity brings-
When we remember our favorite things.
When the joints ache, when the hips break,
When the eyes grow dim,
I simply remember the great life I’ve had,
And then I don’t feel... so bad.

Priceless Antique?

Claire, after retiring from a busy life in business, travels around the country visiting antique shops trying to find bargains.

One day she goes to an antique shop in Stratford upon Avon, England. Here, Claire speaks to Victoria, the shop’s owner, 'When I was in here last week I saw a big mug with a flat head that holds a lot of beer. I'd like to buy it.'
'Sorry,' replied Victoria, 'but I can't possibly sell you that.'
'Oh, what a pity, but why not?' inquired Claire.
'Because,' said the owner, 'that's my husband.'

A Long Happy Life

A woman walked up to a little old man rocking in a chair on his porch.

'I couldn't help noticing how happy you look," she said. "What's your secret for a long happy life?"

"I smoke three packs of cigarettes a day," he said. "I also drink a case of whiskey a week, eat fatty foods, and never exercise."

"That's amazing," the woman said. "How old are you?"
"Twenty-six," he said.
Alan Hawkins, Lancaster, PA
Chicago, Lancaster (Purchasing)
I think you folks do a tremendous job on the newsletter. As a transplant from Chicago and Corporate Purchasing departments to Lancaster, it is always good to read about people with whom I used to work. Keep up the good work. We spent a week at Massanutten with our sons and their families. It's the first time the schedules have aligned, so we're thrilled and are planning on doing it again next year.
Alan & Joan

John Carlson, Placentia, CA
Chicago/ LA (C-D-LA Press)
On July 5th a few retirees living in Southern California, met for lunch at Toms Farm & Restaurant in Corona, CA. We had a good time trying to solve the world's problems. We meet a couple of times a year. Those in attendance were, John (Bill) Tresp, George (Smitty) Smith, Jerry Lenke, Norm Zelm and John Carlson.

Lorraine Gabriel, Leesburg, FL
Logistics
Lorraine and her husband, Donald, celebrated their 50th wedding anniversary on July 7. They were married in a double wedding ceremony with Lorraine's twin sister, Elaine, and her husband Robert Kerr on July 7, 1962 in Chicago. (Elaine worked for RR Donnelley in the Operating Department from 1959-1965.) The couples celebrated their anniversaries by inviting their children and grandchildren to the Hawks Cay Resort in the Florida Keys. It was an amazing celebration and family reunion for all. Lorraine and her husband have been enjoying their retirement as Florida residents since 2005. The couples travel together frequently.
September 11th, 2012

Harrisonburg Retiree Breakfast

After breaking for the summer the Harrisonburg retirees met for an informal breakfast at The Village Inn. We had a great time playing catch up with each other, and reminiscing about old times. Wayne Gordon, Roanoke retiree, and Ron Fruits, former Harrisonburg employee, from Fort Wayne, Indiana joined us. Others in attendance were Dick Johnson, Dave Schweikardt, Bobby Morris, Max Gentry, Jack Hixon, Don Gentry, Mike Gineris, Ivan Stadler, Bob Cannaday, Karen Monger, John Brown, Marion Newkirk, Marge Zimmerman, & Don Zimmerman. Our next meeting will be held on October 9th at 9:00 a.m. at The Village Inn.
Don’t Forget to Write Something About Yourself, To Help Keep in Touch With Your Fellow Retirees

Your story and photo could be here.
Let us know what you are doing

If you have a e-mail address, send your stories and address changes and additions to:
jdcarls@gmail.com
By doing this, your story will be published sooner, and your e-mail address will be correct.
(It will also save me a lot of time)

Note:
If you do not have e-mail
send your story and photos to
John Carlson
1057 E. Imperial Hwy. #621
Placentia, CA 92870

John Carlson Editor

The address to ask for the electronic version of the Newsletter is
rrdonnelleyretirees@rrd.com
Jake, I'm Dead
Sadie wakes up and says to her husband, "Jake, I'm dead".
Jake responds. What's the matter with you, Sadie, you aren't dead. You're talking to me."
"No, Jake, I'm definitely dead". "Sadie, you are not dead. Why do you think you're dead" Sadie responds, "Because nothing hurts.

Large Bowl Of Peanuts
A preacher visits an elderly woman for his congregation. As he sits on the couch he notices a large bowl of peanuts on the coffee table. "Mind if I have a few" he asks.
"Not at all" the woman replied. They chat for an hour and as the preacher stands to leave, he realizes that instead of eating just a few peanuts, he emptied most of the bowl.
"I'm totally sorry for eating all your peanuts, I really meant to eat few."
"Oh that's all right" the woman says. "Ever since I lost my teeth, all I can do is suck the chocolate off them."

How Movies Changed
For the first time in many years, a an old man traveled from his rural town to the city to attend a movie. After buying his ticket, he stopped at the concession stand to purchase some popcorn. Handing the attendant $1.50, he couldn't help but comment, "The last time I came to the movies, popcorn was only 15 cents."
"Well, sir," the attendant replied with a grin, "You're really going to enjoy yourself. We have sound now."

Elderly Drivers
Two elderly women were out driving in a large car-both could barely see over the dashboard. As they were cruising along they came to an intersection. The stoplight was red but they just went on through. The woman in the passenger seat thought to herself "I must be losing it, I could have sworn we just went through a red light." After a few more minutes they came to another intersection and the light was red again and again they went right though. This time the woman in the passenger seat was almost sure that the light had been red but was really concerned that she was losing it. She was getting nervous and decided to pay very close attention to the road and the next intersection to see what was going on.

At the next intersection, sure enough, the light was definitely red and they went right through and she turned to the other woman and said, "Mildred! Did you know we just ran through three red lights in a row! You could have killed us!"

Mildred turned to her and said, "Oh, am I driving?"
PERFECT GOLF EYESIGHT

Arthur is 81 years old. He's played golf every day since his retirement 16 years ago. One day he arrives home looking downcast.

"That's it," he tells his wife "I'm giving up golf. My eyesight has got so bad. Once I've hit the ball I can't see where it went."

His wife sympathizes.

As they sit down, she makes a suggestion: "Why don't you take my brother with you and give it one more try."

"That's no good" sighs Arthur. "Your brother is 93 years old. He can't help."

"He may be a ninety three," says the wife "but his eyesight is perfect."

So the next day, Arthur heads off to the golf course with his brother-in-law.

He tees up, takes an almighty swing and squints down the fairway.

He turns to the brother-in-law. "Did you see the ball?"

"Of course I did!" says the brother-in-law. "I have perfect eyesight."

"Where did it go?" asks Arthur.

"Can't remember."
**RETIREE’S NEWSLETTER CALENDAR OF EVENTS**  
**Year 2013**  
**JUST A REMINDER:**

All Meetings and Mailing Sessions Are Held on the **2nd Wednesday** of the Month Starting 10:00AM at 4104 Winfield Road, Warrenville, IL 60555.

<table>
<thead>
<tr>
<th>Newsletter Month</th>
<th>Newsletter Deadline</th>
<th>Mailing Session</th>
<th>Social Meeting</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 2013</td>
<td>NO MEETING IN JAN. 2013</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MARCH 2013</td>
<td>January 9 2013</td>
<td>FEBRUARY 13 2013</td>
<td>MARCH 13 2013</td>
</tr>
<tr>
<td>MAY 2013</td>
<td>MARCH 13 2013</td>
<td>APRIL 10 2013</td>
<td>MAY 8 (Meeting) 32nd Annual Spring Luncheon at Lexington House MAY 8, 2013</td>
</tr>
<tr>
<td>JULY 2013</td>
<td>MAY 8 2013</td>
<td>JUNE 12 2013</td>
<td>JULY 10 2013</td>
</tr>
<tr>
<td>SEPTEMBER 2013</td>
<td>JULY 10 2013</td>
<td>AUGUST 14 2013</td>
<td>September 11 (Meeting) 32nd ANNUAL PICNIC BEMIS WOODS Grove Election of Officers SEPTEMBER 11, 2013</td>
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<tr>
<td>NOVEMBER 2013</td>
<td>SEPTEMBER 11 2013</td>
<td>OCTOBER 9 2013</td>
<td>November 13 (Meeting) FALL LUNCHEON “ALTA VILLA” Install New Officers NOVEMBER 13, 2013</td>
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<tr>
<td>January 2014</td>
<td>NOVEMBER 13 2013</td>
<td>DECEMBER 11 2013</td>
<td>NO MEETING IN JAN. 2014</td>
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In Remembrance

Ernest J. Randall  
Darien, IL  
Chicago (C- D- SC)  
Ernest passed at age 92. A WWII Navy Veteran Plank-Holder of the USS Guam CB2; beloved husband of Jane nee Kozak; loving father of Cynthia Buckley, Judith Randall, Mark (Janet) Pacewicz, Susan Gartin and Donna Pacewicz; cherished grandfather of Joseph and Jennifer Lujan, Melissa Pacewicz, Joseph Gartin, Nicole (Aaron) Aragon and Lee Kroll; great-grandfather of Logan Morris.

Walter E. Goldstrom  
Homewood, IL  
Chicago (APO)  
Wally passed away at his home on July 15, 2012 at the age of 87. A US Army-Air Corps Veteran WWII. Beloved husband and best friend for 65 years of Kathy (nee Atchison); loving dad of Harry, Karen Detwiler and Erik (Michael Garland) Goldstrom; grandpa of two; Retired from R.R. Donnelley after 41 years of dedicated service

John Krieger  
Manteno, IL  
Chicago (Bindery)  
John Age 92, of Manteno formerly of South Holland and Dolton, IL, passed away Wednesday, July 25, 2012. Beloved husband of the late Lorena Krieger (nee Reiter); Devoted father of Judy (Vince) Semdalas, Marie Krieger, Dorothy (Glenn) Cunningham, and the late Thomas Krieger; Proud grandfather of two; great-grandfather of three; step-grandfather of one; great-step-grandfather of one; Dear brother of Martha (late Walter) Swiatkowski and Leo (Helen) Krieger; Kind uncle of many nieces and nephews.

Gordon L. MacAdam  
Flossmoor, IL  
Corp Real Estate  
Passed at age 86. Beloved husband of Mary Lou MacAdam nee Baer. Loving father of William (Sara) MacAdam. Proud grandfather of John and Emily. Dear brother of David (Lavona) and the late Marion (Frank) and Janet. Gordon was retired from R.R. Donnelley and was an active member for over 55 years at the St. John the Evangelist Church in Flossmoor, also a former member of the H-F-G Jaycees.

Brian William Amos, 79, of Corinth, Miss., formerly of Mattoon, died Sunday (July 22, 2012) at his residence. He was born April 30, 1933, in Valleyfield, Quebec, Canada, the son of William and Sarah Wilkinson Amos. He married Jean Amos; she survives. Other survivors include one son, Gary Amos of Okalona, Pa.; three daughters, Janine Black of Ft. Wayne, Ind., Beverly Hess of Effingham, and Beverly Lawrence of Ontario, Canada; three stepsons, Nathan May of Murfreesboro, Tenn., Jeffrey May, and Michael May, both of Warsaw, Ind.; 14 grandchildren; and 10 great-grandchildren. Mr. Amos was formerly employed at R.R. Donnelley Printing.

Audrey A. (nee Kulik) Altringer  
Lemont, IL  
Chicago (Payroll / Corp. Pricing)  
Passed away on July 26, 2012. Age 74, devoted wife of the late Keith F. Altringer; loving mother of Karrie Altringer; beloved sister of Lee (Tom) Ristow, Don (Janice) Licata, and Barbara Licata; fond aunt of many nieces and nephews.

Our thoughts and prayers go out to their family and friends.
1. She was in the bathroom, putting on her makeup, under the watchful eyes of her young granddaughter, as she'd done many times before. After she applied her lipstick and started to leave, the little one said, "But Grandma, you forgot to kiss the toilet paper good-bye!" I will probably never put lipstick on again without thinking about kissing the toilet paper good-bye....

2. My young grandson called the other day to wish me Happy Birthday. He asked me how old I was, and I told him, 62. My grandson was quiet for a moment, and then he asked, "Did you start at 1?"

3. After putting her grandchildren to bed, a grandmother changed into old slacks and a droopy blouse and proceeded to wash her hair. As she heard the children getting more and more raucous, her patience grew thin. Finally, she threw a towel around her head and stormed into their room, putting them back to bed with stern warnings. As she left the room, she heard the three-year-old say with a trembling voice," Who was THAT?"

4. A grandmother was telling her little granddaughter what her own childhood was like. "We used to skate outside on a pond. I had a swing made from a tire; it hung from a tree in our front yard. We rode our pony. We picked wild raspberries in the woods." The little girl was wide-eyed, taking this all in. At last she said, "I sure wish I'd gotten to know you sooner!"

5. My grandson was visiting one day when he asked, "Grandma, do you know how you and God are alike?" I mentally polished my halo and I said, "No, how are we alike?" "You're both old," he replied.

6. A little girl was diligently pounding away on her grandfather's word processor. She told him she was writing a story. "What's it about?" he asked. "I don't know," she replied. "I can't read."

7. I didn't know if my granddaughter had learned her colors yet, so I decided to test her. I would point out something and ask what color it was. She would tell me and was always correct. It was fun for me, so I continued. At last, she headed for the door, saying, "Grandma, I think you should try to figure out some of these colors yourself!"

8. When my grandson Billy and I entered our vacation cabin, we kept the lights off until we were inside to keep from attracting pesky insects. Still, a few fireflies followed us in. Noticing them before I did, Billy whispered, "It's no use Grandpa. Now the mosquitoes are coming after us with flashlights."

9. When my grandson asked me how old I was, I teasingly replied, "I'm not sure." "Look in your underwear, Grandpa," he advised. "Mine says I'm 4 to 6."

10. A second grader came home from school and said to her grandmother, "Grandma, guess what? We learned how to make babies today." The grandmother, more than a little surprised, tried to keep her cool. "That's interesting." she said. "How do you make babies?" "It's simple," replied the girl. "You just change 'y' to 'i' and add 'es'."

11. Children's Logic: "Give me a sentence about a public servant," said a teacher. The small boy wrote:"The fireman came down the ladder pregnant." The teacher took the lad aside to correct him. "Don't you know what pregnant means?" she asked. "Sure," said the young boy confidently. "It means carrying a child."

12. A grandfather was delivering his grandchildren to their home one day when a fire truck zoomed past. Sitting in the front seat of the fire truck was a Dalmatian dog. The children started discussing the dog's duties. "They use him to keep crowds back," said one child."No," said another. "He's just for good luck."
A third child brought the argument to a close."They use the dogs," she said firmly, "to find the fire hydrants."

13. A 6-year-old was asked where his grandma lived. "Oh," he said, "she lives at the airport, and when we want her, we just go get her. Then, when we're done having her visit, we take her back to the airport."
14. Grandpa is the smartest man on earth! He teaches me good things, but I don't get to see him enough to get as smart as him!

15. My Grandparents are funny, when they bend over, you hear gas leaks and they blame their dog.

“Come, little leaves” said the Wind one day, “Come to the meadows with me and play. Put on your dresses of red and gold; for summer is past, and the days grow cold.”
- George Cooper

happy holidays
NOTICE!!!

We need members who can help with the Newsletter mailing. See page 15.

Warsaw
“Nifty Fifty Plus”
**********
3rd Tuesday of Each Month at: Golden Corral
US 30 & end of E. Center St.

For Information Contact:
Gwen Snyder
(574) 267-8015
gsnyder@kconline.com

Retirement Breakfast
***************
Held the 1st Thursday of each month at 8 AM
Tom’s Restaurant
894 Burnham Ave.
Calumet City, IL 60409
(708) 868-2600

For Information Contact:
Jim Peters.........(219) 659-7361
Art Sobczak......(708) 474-9495

Harrisonburg Retiree Events
***************
(Shenandoah Valley)
Meetings are held at the Valley Inn Restaurant
South of Harrisonburg on Route 11
the 2nd Tuesday of every other month at 9am.
For Information Contact:
“Mo” Philon
164 Cross Keys Court
Massanutten, VA 22840
philon@comcast.net

Lancaster Retiree Events
***************
Meetings are held at the East Plant, Lancaster, PA
1st Tuesday of each month, 10am
For Information Contact:
Sam Girard (717) 392-2319
girardjr@gmail.com
George Mavros (717) 291-9889
mavrosg@aol.com

Breakfast Fellowship
The Apple Tree Restaurant
2nd Thursday of each month at 9:00am
********

Bowling Social Event at Leisure Lanes
2nd Wednesday of each month, at 1:00PM
********

Lancaster Home Page
www.rrdretirees.com

Notice
Anyone interested in helping out in running the Chicago Retirees Club
Please Contact: George Wenrich
(708) 532-8230

Retirees
Turn in Your News Items, Wedding Anniversaries, Photos & News of Interest
Please E-mail notes & photos or as a typed or a hand written note by US mail

To:
John Carlson
1057 E. Imperial Hwy. #621
Placentia, CA 92870
(714) 588-5980
jdcarls@gmail.com

SAVE THESE DATES!
Mark your calendars for the
***************
Fall Luncheon
November 14
See page 14
ANNIVERSARY LUNCHEON
November 14, 2012

at Alta Villa Banquets
430 North Addison Road
Addison, Illinois 60101

Note: Bar opens at 11:00 a.m. Luncheon will be served at 12:30 p.m.

Your Name ___________________________ Phone Number ( ) ___________

Address ___________________________________________ Apt. No. ___________

City ___________________ State _______________ Zip Code __________

R.R.D. Division ___________________ R.R.D. Dept. __________

Number of years service at R.R.D. _______________ Date Retired __________

Spouse or Guest’s full name ______________________________

__________________________________________________________

Price per member, spouse or guests is $15.00 each x no. of persons = $____________ Total

DUES MUST BE PAID TO ATTEND LUNCHEONS.

MAKE CHECKS PAYABLE TO AND MAIL TO:

Jerry Malecki
20W315 Belmont Place
Addison, IL 60101
1 (630) 543-4549

The deadline for reservations is: November 1st
No reservations accepted after November 1st and positively none will be accepted at the door!
Your cooperation will be greatly appreciated!!

PLEASE TAKE NOTICE
If you appear at the luncheon and our records show no payment was made, you will be asked to pay at the door. Money will be returned if a payment appears after the luncheon.

DO NOT SEND DUES TO LUNCH CHAIRMAN - SEND THEM TO GENE BENES
New & changed E-mail addresses **

If you have a new address or a change please e-mail me at jdcarls@gmail.com and I will add it to the list.
RR Donnelley Expands Fast Growing Logistics Offering With Enhanced International Service Capabilities

Acquires Express Postal Options International

CHICAGO, Sept. 10, 2012 (GLOBE NEWSWIRE) -- R. R. Donnelley & Sons Company (Nasdaq:RRD) today announced that it has further expanded its fast growing logistics services offering with the acquisition of Express Postal Options International (XPO), a privately held company based in Torrance, CA. XPO provides international outbound mailing services to pharmaceutical, e-commerce, financial services, information technology, catalog, direct mail and other businesses.

"Our logistics offering has been experiencing strong organic growth," said Thomas J. Quinlan III, RR Donnelley's President and Chief Executive Officer. "The addition of XPO's respected capabilities continues to expand the range of capabilities that we can provide to our customers. Part of our offering focuses on third party logistics (3PL) so we are able to serve customers in a wide variety of industries. As a global company, we are very effective in meeting customers' international needs and this represents an important enhancement to our integrated offering."

XPO manages international outbound mail delivery to more than 150 countries.

RR Donnelley's logistics capabilities include co-mailing, co-binding, and co-palletization services as well as 3PL services for less-than-truckload, full truckload, intermodal, domestic and international air, courier, ocean, and expedited air.

RR Donnelley Completes Purchase of EDGAR Online

CHICAGO, Aug. 15, 2012 (GLOBE NEWSWIRE) -- R. R. Donnelley & Sons Company (Nasdaq:RRD) today announced that it has completed its previously announced purchase of EDGAR Online, a leading provider of disclosure management services, financial data and enterprise risk analytics software and solutions for both corporate and investment professionals.

CHICAGO, Aug. 13, 2012 (GLOBE NEWSWIRE) -- R. R. Donnelley & Sons Company (Nasdaq:RRD) today announced that its Global Outsourcing Services offering has been recognized in 2012's The Global Outsourcing 100®. RR Donnelley was also ranked among the Best 5 Providers by Industry Focus in supporting real estate companies (construction and transaction) and among the Best 5 By Service Area in delivering legal support services. It was also listed in the Best 10 by Service Area for its work in providing document management services, and was recognized in the Best 20 by Service Area for financial management services organizations and in the Best 20 by Industry Focus for supporting financial management (insurance) companies. The listing also included RR Donnelley's United Kingdom resources among the Best 20 by Region Served.

The Global Outsourcing 100 list is compiled annually by the International Association of Outsourcing Professionals, a global organization dedicated to the development of the outsourcing industry and related standards. All candidates were independently evaluated and judged by a group of experienced outsourcing professionals across four key areas including size and growth, customer references, organizational competencies and management capabilities.

"All of us at RR Donnelley are pleased and proud to again be named to the IAOP Global Outsourcing 100 and to have achieved additional recognition in a number of segments as well. Judgment-based services require our employees to develop a deep understanding of our clients' needs, processes and goals and then to develop custom solutions that draw on our exceptional information technology resources," said John Paloian, RR Donnelley's Chief Operating Officer. "That is the model that we pursue across the breadth of our diverse offering."

RR Donnelley's Global Services is a pioneer in providing judgment-based outsourcing solutions, supporting clients through four vertically integrated service platforms: Creative Communications; Legal Support Services; Research, Finance & Accounting; and Transaction Processing. Drawing on deep industry and outsourcing knowledge, RR Donnelley delivers high-touch, mission-critical services leading to breakthrough economic and operational performance.
The Nifty Fifty Plus Club met on July 17th at the Golden Corral for our luncheon with 52 retirees attending. It was very hot and in the upper 90’s, with only .09 inches of rain so far this month.

Sam Brown, the Club's President, opened the meeting by thanking all the retirees for coming. We welcomed some retirees that we haven't seen for awhile; Lawrence (Boomer) Priser, and Harry Langford. Harry lives in Mexico part of the year so we were glad to see him again. We hope that they both enjoyed seeing some old friends and will return to visit us again.

Since Mary Rock's health isn't the best, she has asked Sam several times to replace her as Treasurer. So Karen Swinger was voted on and she accepted to do Mary's job and Gayle Blitz offered to be Karen's assistant. We wish Mary the best and want to thank her for the hard work she put into helping this Club over the years. She has done a very good job!!

The Treasurer's report is as follows for June: Beginning balance $3,145.62; receipts $547.50; expenses $485.75; ending balance $3,207.37. (Dues paid so far for 2012 are $1,010.00) It is still not too late to send in your $5.00 dues if not paid for this year. We now send out 300 newsletters each month.

We had only one retiree celebrating their birthday this month: Sylvia Richards. May she enjoy many more!!

The 2012 RRD golf outing-scramble will be at South Shore Golf Course on Saturday, August 11th. Fees $25 Members, $30 non-Members. Sign-up sheet will be out Monday, July 9th.

Don Miller & Mark Swinger then entertained us with some funny jokes.

Sam Brown then led us in prayer.

I want to apologize to Emerson Poort on my handling of his newsletters. Early 2010 he paid us for his dues till he reached 80. He was mistakenly taken off our mailing list for 2012 for which I am deeply sorry. Hopefully I now have my records straightened out and I hope he will forgive me for my mistake. It probably won't be my last and I'm blaming it on being a Senior Citizen.

Jack & Beverly Worth, Herbert & Martha Freel, and Phil & Janie Albright all celebrated their 50th Wedding Anniversaries this past month. We congratulate them and wish them many more happy years together,

We are saddened to announce that Max Robert Faulkner passed away July 4, 2012. He attended many of our luncheons and we will miss him. He was RRD Building Maintenance Supervisor for several years before retiring in 1990. Charles McKibbin passed away on July 8, 2012. Our thoughts and prayers go out to their many friends and family.
The Nifty Fifty Plus Club met on August 21st at the Golden Corral for our luncheon with 57 retirees attending. Thank goodness we finally got some rain and the grass is finally green again. Its in the upper 70's and lots of sunshine.

Mark Swinger, the Club's Vice-President, opened the meeting by thanking all the retirees for coming. We were happy to see Jackie Smith, Linda Harrold, and Phil Collins. We hope they enjoyed their visit and will return to our luncheons again soon.

There were three retirees celebrating their birthdays: Brian Wall, Jim Auer, and Gwen Snyder. We're hoping to have many more!!

The Treasurer's report is as follows for July: Beginning balance $3,207.37; receipts $517.50; expenses: luncheon $388.60 and office supplies $57.50 with a total of $446.10; ending balance $3,278.77. (Dues paid so far for 2012 are $1,137.50) It is still not too late to send in your $5.00 dues if not paid for this year. We now send out over 300 newsletters each month.

Mark Swinger then entertained us with some funny jokes.

Mark Swinger then led us in prayer.

It was nice to see Brian & Doris Wall at our luncheon again. Their health problems had not permitted their attending for a while.

Also, it was good to see Lena Coplen attend this month. She has been hospitalized with e-coli for the past month.

Wally Phillips, one of RRD salesmen, passed away on June 17, 2012 from a choking problem while in a restaurant. He worked on many Warsaw projects.

Our condolences go out to Jim and Nancy Winger on the passing of their son Timothy on July 26th. He was just 44 years old.

Artie Junior Long passed away on July 7, 2012. He worked in cylinder making for several years.

Brian William Amos died on July 2, 2012 in Corinth, Miss. He worked at RRD for 38 years.

Joyce Rowe passed away on July 30, 2012 at age 52. She worked for RRD for eight years.

Brian J. Dombkowski died on April 19, 2012 at age 63. He retired from RRD. Our thoughts and prayers go out to all of the friends and relatives of the deceased.
Healthy Banana Bread

Ingredients:
- 2 cups whole wheat flour
- 2 cups mashed banana (preferably overripe)
- 1 tsp baking powder
- 1/2 tsp baking soda
- 1/2 tsp salt
- 1/2 tsp cinnamon
- 1/4 cup finely chopped dates
- 2 tbsp flax seed powder + 6 tbsp water
- 1-2 tbsp sesame seeds
- 1/3 cup Chopped walnuts

Pre-heat the oven at 350 degree F.
Mix flax seed powder with water, stir well and leave it aside till gooey.
Mash the banana well.
In a big bowl add the flour with baking soda, baking powder, salt, cinnamon and mix well. now add the chopped dates and stir together. Add the mashed banana and flax seed powder mixed with water and stir till it's combined. Add walnuts. It'll be a hard dough but don't be tempted to add any more water. do not over mix. Just stir till it forms a hard dough.
Fold this into a greased loaf pan and sprinkle sesame seeds on top.
Bake for 35 to 45 mins till it's well risen, crusty and golden on the outside. A toothpick inserted right in the center has to come out clean and that's when the loaf is cooked.
Let the bread cool down completely. It'll be sticky and hard to cut into when it's still hot.

From John Carlson’s Kitchen
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<td><a href="mailto:bob@todddesigns.com">bob@todddesigns.com</a></td>
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<td>Tooley, Bill</td>
<td><a href="mailto:btkettle@scrr.com">btkettle@scrr.com</a></td>
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<td>Trautwein, Vic</td>
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<td>Trzepacz, Cai</td>
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<td>Trewek, Bruce</td>
<td><a href="mailto:trewek@sbcglobal.net">trewek@sbcglobal.net</a></td>
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<td>Trudeau, Bernie</td>
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<td>Tubay, Joe</td>
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<td>Turoll, Debby</td>
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<tr>
<td>Tydd, Ray</td>
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</tbody>
</table>
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